

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:15 AM		Morning Judo/BJJ		Morning Judo/BJJ		
7:30:00 AM						Morning Judo/BJJ
8:00:00 AM						
9:00:00 AM						
10:00:00 AM						
11:00:00 AM						
12:15:00 PM						
1:15:00 PM						
2:00:00 PM						
3:00:00 PM						
4:00:00 PM		Rigby Judo/BJJ	4:10 Mamoru Minis Judo/BJJ	Rigby Judo/BJJ	4:10 Mamoru Minis Judo/BJJ	Adult Judo/BJJ (4- 5:30)
5:00:00 PM	Mamoru Middles Judo/BJJ	Karate with Ryan	Mamoru Middles Judo/BJJ	Karate with Jared	Mamoru Middles Judo/BJJ	
6:00:00 PM	Adult Judo/BJJ	Kids Fencing	Adult Judo/BJJ	Kids Fencing	Adult Judo/BJJ	Karate/ MMA (5:30- 6:30)
7:00:00 PM				Muay Thai		
7:30-8:00		No Gi Rolling with Roger	Fencing		Fencing	
8:00:00 PM				Fencing		
8:30:00 PM						
9:00:00 PM						
9:30:00 PM						

